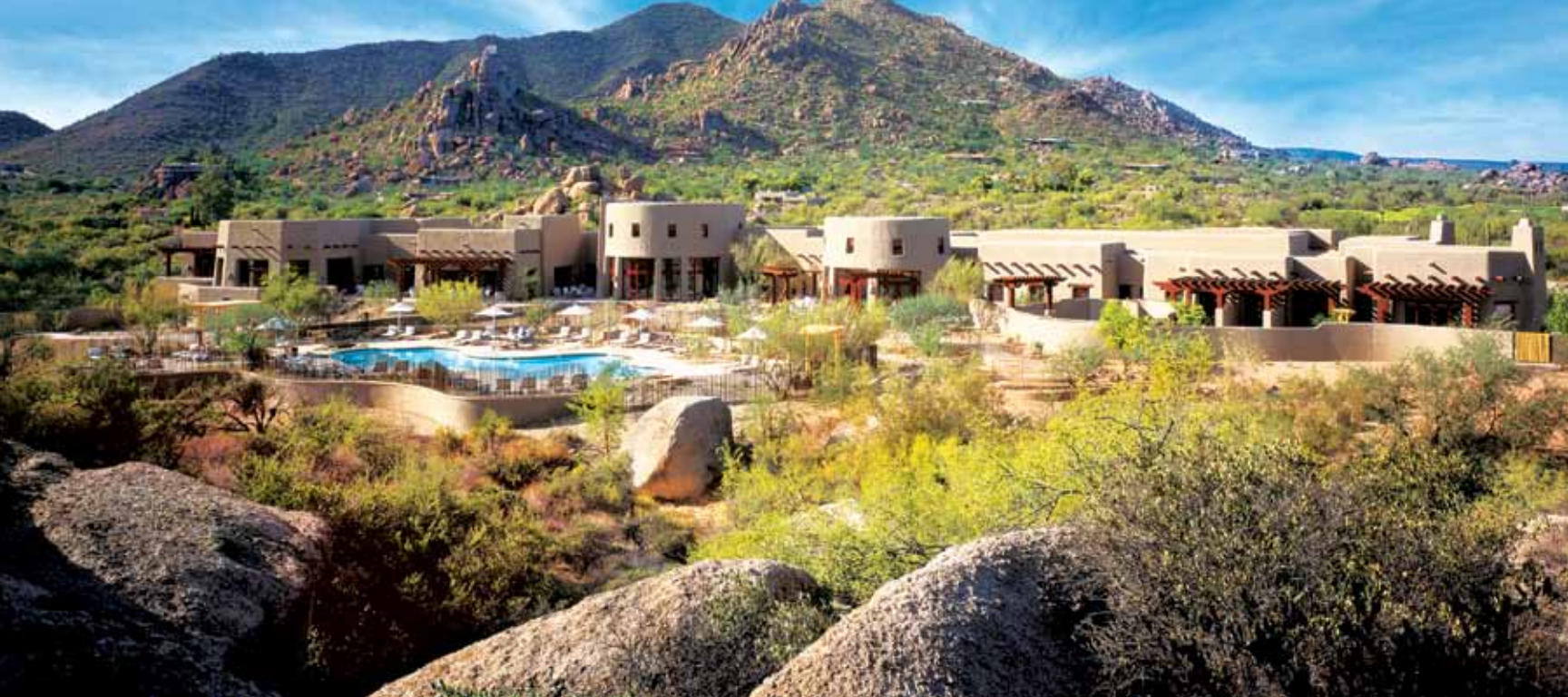




GOLDEN DOOR

THE BOULDERS RESORT




welcome to the healing serenity of the desert

Guests of this celebrated hideaway find restoration, pampering and renewed energy amid a 33,000 square foot spa oasis. Signature elements include the meditation labyrinth, a circular tea room overlooking desert vistas, and a swimming pool with a lap lane as well as a soothing whirlpool all nestled against the boulders. Completing the Golden Door experiences are the full-service Salon Mila, Spa Boutique and Golden Door Spa Café serving breakfast and lunch daily.

The serene east wing houses 24 treatment rooms. The men's and women's locker rooms called Niwa, the Japanese word for resting place, provide sanctuaries in themselves. These relaxing amenities include blissful lounges, steam, sauna and O'furos, a Japanese bath.

Activity is the theme of the Spa's invigorating west wing, where the Yoga Studio replicates the radiant light of sunrise and sunset. The Fitness Center and Movement Studio offer sessions and classes brimming with energy and revitalizing views of the pristine landscape. Guests who wish to explore the unique scenery may choose activities such as a moonlight mountain bike tour or a boulder climbing excursion on the ancient granite boulders.

indulge your senses



*Wrapped around the 12
million year old boulders
that give the resort its name,
the Golden Door Spa at The
Boulders blends the Zen-like
ambiance of the original
Golden Door with the
healing serenity of the desert.*





spa indulgence packages

Ultimate Golden Door Spa Day

Wrap yourself in luxury for a full day of spa services to include an Avocado Citrus Scrub, 50-minute Golden Door Facial, a 50-minute Golden Door Massage, Golden Door Manicure, and Golden Door Pedicure. **6 hours**

Spirit of the Southwest

Enjoy the healing powers from southwest-inspired services including our LaStone® Therapy, Turquoise Wrap, and a Golden Harvest Facial. **5 hours**

A "Suite" Escape

Relax in luxury as you and your friends enjoy our Sun Suite with sweeping views of the boulders just beyond the private veranda. Indulge in eight 50-minute treatments, a spa lunch and all of the suite's amenities including a private outdoor whirlpool, fireplace, and steam shower.

(approximately 6 hours for 2-4 people)

Just for Him

Especially designed to relieve tension and sore muscles, this series of services includes a Gentleman's Facial, Sports Pedicure, and choice of Ashiatsu, Golfer's Massage, or 50-minute Golden Door Massage. **4 hours**

All packages include a Spa Lunch. Gratuities not included.





massage therapy

Golden Door Massage

Long, sweeping strokes create light to moderate pressure, enveloping you in serenity. This unique therapy may be tailored exclusively to you to concentrate the therapist's efforts in especially taut regions. **50/80 minutes**

Couples Massage

Share a relaxing Golden Door, Aromatherapy, or LaStone massage with a companion or loved one in our spacious, peaceful couples suite with sweeping views of our treasured desert garden outside. To enhance the treatment, bask in your own private whirlpool before or after your massage. **50/80 minutes**

Lymphatic Massage

A mix of light and therapeutic-touch massage assists your body in building healthy lymphatic and immune systems by stimulating detoxification while replenishing your energy. **75 minutes**

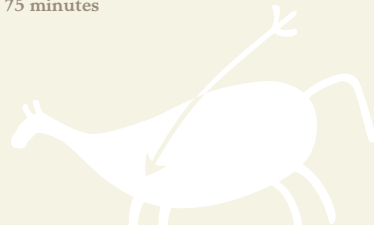
Aromatherapy Massage

Take your massage experience to the next level with the therapeutic benefits of synergistically chosen aromatherapy blends to directly affect your mind, body and spirit. Transform yourself through this complete relaxation massage!

50/80 minutes

LaStone® Therapy

This ancient art of healing uses elements of Mother Nature to bring relief to tense muscles, sore joints, stressed emotions and weary spirits. Integrating traditional massage with the placement of smooth, hot and cold stones, this therapy uplifts and restores the mind and body. **75 minutes**



Therapeutic Massage

This massage is based on your individual needs. Prior to beginning your treatment, the therapist will address your areas of concern and provide a massage to focus on those problem areas. This is generally a slower, deeper, muscle-specific massage to relieve pain and tension. **50 minutes**

Craniosacral Therapy

Experience a subtle touch and gentle holding techniques on the head and sacrum that generate profound assistance in relieving tension along the central nervous system. This is an ideal treatment for those with headaches, migraines, stress or neck tension. Please wear loose, comfortable clothing. **50 minutes**

Lomi Lomi

Inspired by Hawaiian massage rituals, this ancient practice of rhythmic rocking movements and forearm pressure create a wave-like movement over the body. The result is a release of tension in layers of the muscles for an energy flow that relieves built-up stress. Each massage is a personalized and unique experience in alignment with an individual's specific needs. **75 minutes**

Golfer's Massage

This massage is designed to enhance performance on the course by targeting golf-specific muscle groups with stretching and advanced therapeutic techniques. Concentrating on your neck, shoulders, lower back and hamstrings, this massage can be tailored for pre-game conditioning or post-game soreness. **50 minutes**

heal from within





eastern harmony

Acupuncture

By inserting thin, painless needles into specific points along the meridians, the acupuncturist enhances circulation and helps direct your “Qi,” or life force, to where it will be most healing and reparative to improve function within the body. **50/80 minutes**

Acussage

Acussage combines acupuncture and massage in one treatment. Enhancing the benefits of acupuncture, the blissful massage infuses the body with your newly balanced energy. **80 minutes**

Needle & the Stone

This treatment combines the art of the hot stone in its most beneficial expression, a restorative blend of acupuncture and therapeutic massage. Relaxing elements of Mother Nature unite with strong energy work to create an impressive spa experience. **80 minutes**

Watsu®

In the waters of our private outdoor pool, the therapist cradles you, drawing on rhythmic movement, pressure point massage and stretches to create a dreamlike state of quietude. **50/80 minutes****

Refloatology

This innovative, aquatic style of reflexology is set in our private outdoor pool. The gravity-free environment enhances the body’s ability to channel its life energy and soothe tension, encouraging the restoring full-body effects of this foot therapy. **50 minutes****

Reflexology

Begin with a bamboo scrub to refresh tired feet. This ancient foot therapy extends its healing properties throughout the body with pressure point stimulation to assist with circulation, promote balance and release tension. **50 minutes**

Ashiatsu

Brought to the West by Buddhist monks, this therapeutic service is an adaptation of an ancient form of barefoot massage. The therapist is supported by bars suspended above in order to apply powerful yet rejuvenating pressure exclusively offered by the feet. **75 minutes**

Sshiatsu

This style of Japanese bodywork is performed without oil. Your therapist stimulates and stretches the meridians of the body with a healing touch to invigorate and balance the energy while releasing tension. **80 minutes***

Thai Massage

A choreographed series of facilitated stretches combines acupressure and yoga positions to warm the muscles and encourage energy flow. Especially soothing for the restless mind and body, this unique therapy regenerates the spirit. **80 minutes***

Tui Na

Traditional Chinese Medicine works muscles and joints by applying pressure to the body's meridians utilizing a push-pull technique. An individualized massage, this practice aids in balancing and restoring the flow of energy. **50 minutes**

**Please wear loose, comfortable clothing.*

*** Please wear a comfortable bathing suit.*



golden door signature experiences

Turquoise Wrap

This signature treatment is based on the Native American belief that turquoise is a color of protection, self-confidence and positive energy. A revitalizing exfoliation supports a nourishing warm turquoise clay wrap, a wrap of pure honey and concluding with a honey butter application. During this wrap indulgence, the therapist performs a rain-stick ritual and uses traditional essential oils to harmonize the spirit. **80 minutes**

Szekely Herbal Wrap

This restful experience begins with a dry brushing of the body. Then bask in the rebalancing effect of an Ayurvedic herb-infused muslin sheet wrap. This warming treatment detoxifies the body to help you emerge peaceful and purified. **50 minutes**

Avocado Citrus Scrub

Indulge your senses and nourish parched skin surfaces with this enriching treat. Enjoy the benefits of vitamins, minerals, anti-oxidants and micronutrients in an invigorating scrub, followed by a light application of warm avocado citrus oil. The 75-minute service begins with a hydrotherapy experience. **50/75 minutes**

create your
tranquil balance



body treatments

Seasonal Specials

Ask about our seasonal spa services and packages.

Herbal Poultice Treatment

Enjoy a warming massage with poultices filled with medicinal herbs. These herbs have been used in Thailand for centuries to relieve aches and pains, increase blood circulation and ease respiration. The steamed poultice is rolled, massaged, and pressed onto problem areas and energy pathways allowing you to be soothed and relaxed! **75 minutes**

Aloe Body Wrap

This gentle treatment is specifically designed for sun-exposed, dry or stressed skin. Relax in a peaceful wrap of healing aloe gel. Afterwards, a massage with rosehip lotion nourishes your skin and restores its natural balance. **50 minutes**

Invigorating Salt Scrub

Begin with a thermal mineral salt exfoliation applied in a two-step treatment utilizing thermal salts, rich in minerals and trace elements, followed by a loofah scrub with Thermal Mineral Shower & Bath Gel. A moisturizing lotion and Lavender Body Spray complete the experience. The 75-minute services begins with a hydrotherapy experience. **50/75 minutes**

Lavender Zen

Experience the ultimate healing and soothing powers of lavender in this completely uplifting and rejuvenating spa experience. Breathe deep and inhale the calming and balancing benefits of wild lavender. This all-encompassing ritual includes an invigorating body scrub and enveloping lavender body wrap. **75 minutes**

Organic Seaweed Wrap

Experience a sea-kelp full-body exfoliation prior to being wrapped in a luxurious warm cocoon of Alaria seaweed. Nourishing vitamins and minerals infuse your skin resulting in a wonderful detoxification and softer skin. **75 minutes**

Moor Mud Body Wrap

Moor Mud is legendary for its powerful therapeutic properties. Blended with botanical extracts that work synergistically with this Hungarian mud, you will rejuvenate dull skin and soothe tired muscles. Begin with a dry brush exfoliation to polish your skin, followed by a luxurious full-body wrap in this mineral-rich Moor Mud. **75 minutes**

cleanse the mind, body and soul

Adobe Clay Wrap

This Sonoran Desert treatment begins with a stimulating dry exfoliation from a native ayate cloth. Then a rich layer of authentic adobe clay draws out the body's impurities and soothes muscles. While indulging in this relaxing purification, you'll receive a scalp massage, followed by a full-body hydration with desert sage oil. **75 minutes**

Detox Cellulite Treatment by Ionithermie

This intensive treatment not only stimulates the lymphatic system but also breaks down fatty deposits and wastes. A seaweed-based gel and protein cream provide detoxifying, toning, and firming effects. Along with a stimulating electrical current, a warm clay body mask induces a deep purifying effect while producing a smoother looking skin surface. *(This treatment is not advised for those that are pregnant or those that have any metal implants.)* **90 minutes**

A Y U R V E D I C E X P E R I E N C E S

Bindi Balancing

A cleansing, detoxifying delight for the skin, Bindi translates to "rebirth." An exfoliation using crushed, warm herbs uplifts the spirit while soothing the body. A light massage, using oils selected according to your dosha, lulls you into a blissful state of serenity and concludes with a warm cocoon wrap and facial cleanse. **80 minutes**

Shirodhara

This harmonizing treatment begins with a soothing stream of warm oil flowing onto your "third eye" to ease the mind and encourage a REM state allowing for the body to repair itself. The oil is lavishly massaged into your hair and scalp, followed by a light facial massage. **50 minutes**

Spirit of Life

Enjoy a complete head-to-toe experience with the Bindi Balancing coupled with the grounding Shirodhara to create the ultimate Ayurvedic ritual. **110 minutes**

Abhyanga

This brisk, traditional Indian oleation massage technique is used specifically for nourishing skin, lubricating tissues and joints, and calming the nervous system. An Ayurvedic herbal wrap concludes this therapy to further rebalance the body's subtle energies and release stagnant toxins. **80 minutes**







facials & skin care

Golden Door Facial

Our signature organic facial experience is customized specifically to the needs of your skin. Providing beneficial elements of organic fruits, vegetables and herbs, your facial will include a cleanse, exfoliation, mask and finishing moisturizing products. **50/80 minutes***

Vitamin C Facial by Hylunia

Enjoy the rejuvenation of this relaxing facial treatment using vitamin C products which are known to firm and tone the skin. After a thorough exfoliation, the face neck and decollete are intensely hydrated and revitalized. The anti-oxidant properties of the vitamin C products are unequalled. Noticeable changes are common following this wonderfully relaxing treatment. **50/80 minutes***

Eye & Lip Care Treatment

Bright eyes and soothed lips are the result of this organic duo! Reduce puffiness, fine lines, dark circles and dryness in the eye area and exfoliate, comfort, plump and hydrate the lips! May be added to any of the above organic facials. **50 minutes**

Gentleman's Facial

Distinctively created for the individual skin care needs of men, this deep cleansing, therapeutic and relaxing treatment leaves your skin toned and revived. Please shave at least two hours prior to your treatment. **50 minutes**

Tranquility Facial

Fall into a state of complete relaxation during this facial which incorporates gentle massage on the face, hands and feet. This stress-releasing treatment leaves you feeling pampered and renewed. **80 minutes***



Caviar Ageless Facial

Indulge in this highly effective facial treatment. A combination of Sevruga Caviar, firming Chinese botanicals, and co-enzyme A will increase moisture, improve elasticity and provide the essential antioxidant protection. Results are immediate, leaving the skin looking supple, healthy and luminous!

80 minutes*

Skin Rescue Treatment

The ultimate corrective products based on hyaluronic acid, vitamins and glycolic acid will treat, repair and refine the skin. Best for improving skin texture, uneven skin color, loss of elasticity, sensitivity or rosacea, hyper-pigmentation and dull or dry patches. An eye treatment may be added for increased benefits. **80 minutes***

Golden Harvest Facial

Delight your senses and feed your skin through the gentle action of the fruits of the earth. Clear your mind and indulge in "scent-sational" aromas which act as a perfect complement to the amazing protective, hydrating and healing benefits of pumpkin, green tea, and avocado. **80 minutes***

Oxygen Facial Treatment

Obtain a more youthful, dewy complexion with this unique treatment of 87 different vitamins, minerals, enzymes and amino acids combined with pure oxygen. As one of our most restorative therapies this facial hydrates, replenishes and promotes cellular growth leaving you luminous from within. **50 minutes**

Microdermabrasion

Rejuvenate and improve the overall quality of the skin by removing the dull surface layers through a diamond tipped wand of varying textures and intensities. This treatment is most effective in a series of six sessions. **50 minutes**

Microdermabrasion + Oxygen

Up the ante by receiving two of the most results-driven facial treatments in one! **75 minutes***

**All facials longer than 50 minutes include a hydrating luxury hand treatment.*

** Ask about facials that include use of the Clarisonic Sonic Skin Cleansing System and the Clarisonic Opal™ Sonic Infusion Eye Treatment.*



maternity spa treatments

Maternity Massage

This is a soothing, full-body massage for the mother-to-be, specifically addressing pregnancy discomforts. It aids in relaxation, benefits circulation, and provides comfort during this time of change. **50/80 minutes**

Watsu®

Experience weightlessness in our private outdoor pool while receiving a gentle massage and being stretched, giving expectant mothers relief from many uncomfortable physical changes accompanying pregnancy. **50/80 minutes***

Other Services Recommended for the mother-to-be include:

- Avocado Citrus Scrub
- Invigorating Salt Scrub
- Golden Door Facial
- Vitamin C Facial by Hylunia
- Golden Door Manicure
- Golden Door Pedicure

** Please wear a comfortable bathing suit.*

create your tranquil balance





mind, body & soul connection

Emotional Balancing

This combination of modern Western technique with ancient Chinese medicine uses muscle testing to detect physical, emotional and chemical imbalances. Utilizing kinesiology techniques, the energy flow in the meridians are restored and the body is brought back into balance. **75 minutes**

Life Coaching

Unleash your full potential, achieve goals and live with greater balance and authenticity. Begin a journey of self-discovery with a Life Coach who helps you explore, clarify and identify areas in your life you want to change or enhance in some way. **80 minutes first session/30 minute follow-up sessions**

Numerology

Learn this ancient tool and discover the hidden secrets of your name and birth date. **50 minutes**

Chakra Balancing

This uplifting therapy helps restore your seven basic energy centers or chakras. Using specific scents and crystals, the energy is balanced and cleared at each chakra in a ritual to promote positive energy flow throughout the body. **50 minutes**

Reiki

Powerful energy work through the laying of hands helps reconcile the union between the mind, body and spirit. This reviving therapy reduces stress and revitalizes the body. Please wear loose comfortable clothing. **50 minutes**

Hypnotherapy

Change defeating beliefs and behaviors at the subconscious level in a relaxed state of focused attention to create successful changes in your life. **80 minutes**

Astrological Soul Reading

Gain insight into the story of your soul's journey through your astrological chart which is calculated by your birth date, birth time and birth place (city & state). Our Astrologer can help center and empower you with the knowledge of what you brought into this lifetime to work on and where you are moving forward to on your specific path. A minimum of 24 hrs notice is required for this reading along with your birth information.

50 minutes

Private Meditation

Learn techniques for stress reduction, visualization and connection of the mind, body and spirit in a personalized consultation taking place in your choice of locations – the labyrinth, a private room or on a meditative walk through the surrounding desert. **50 minutes**

Talking Tree Reading

The universe speaks in a language of symbols. Receive an individual reading using the Twenty Powers Talking Trees runes (an ancient and universal set of sigils, each rune has its own magical significance). Utilize the insights from this reading to align with balance and ease in your world and to create more beauty and power in your life. **60 minutes**

Energy Field Balancing with Pulsors

This is a relaxing session which allows the body to re-balance itself through the use of pulsor energy triangles that are placed in different configurations on your body. Pulsors are special healing tools comprised of tiny crystals that store energy and discharge energy at specific frequencies. This session will assist your body in stabilizing and harmonizing it's own energy fields. **60 minutes**





fitness

Fitness Assessment

In this session a personal trainer assesses your current fitness level by testing aerobic capacity, body composition, flexibility, muscular endurance/strength, blood pressure and heart rate. After analyzing the results, the personal trainer develops workout guidelines to increase your fitness level.

80 minutes

Personal Training

Create or enhance your workout with a one-on-one session with a certified personal trainer. Our trainers address your specific needs and help create a plan for you to attain your individual goals. **50 minutes**

Private Fitness Instruction

A variety of private fitness instruction sessions are available to choose from: **Pilates** to emphasize core strength, increased range of motion and better balance and stability; **Tai Chi** to aid in stress reduction and in the enhancement of vital energy; **Yoga** incorporating breath, movement and specific poses; and **Water Fitness** including both aerobic and muscular endurance.

50/80 minutes



unique healing
of the desert



nutritional wellness

Nutritional Counseling

This session begins with a profile to determine your personal wellness goals, health issues and lifestyle habits. After a body composition and dietary analysis, our Nutritionist will discuss eating behaviors that may be preventing you from reaching your goals as well as imbalances that may be occurring in proteins, carbohydrates and fats. Recommendations will be given that include dietary, lifestyle and behavioral guidelines based on your personal wellness goals. **80 minutes**

Body Composition Analysis

Need motivation to get in shape? This assessment uses a near infra-red light to directly measure your body composition. A final report will include your body fat percentage, body mass index, water weight, basal metabolic rate and current caloric intake. A personal trainer will review the report with you to assist in creating a realistic plan for reaching your goals. **30 minutes**

Six Weeks to Success

Lifestyle & Weight Management Program

Rediscover your ideal weight safely and effectively. Beginning with a health profile and body composition analysis, you will learn methods to achieve your optimal weight by incorporating healthier eating with lifestyle choices and positive behavioral habits. Each week our Nutritionist will instruct and coach you on the five critical components to help you achieve your goals including: food and calories; record keeping; physical activity; stimulus control and support. Learn how to make healthy choices, set realistic goals and discover creative ways to plan menus at home or away. Initial session is in-person, follow-up sessions are via telephone. **80 minutes initial session; 50 minutes follow-up sessions**

Memory Enhancement

Learn how age and certain foods affect the neuron-pathways of the brain. Discover how you prevent age-related memory loss with specific foods, nutrients and memory enhancing techniques. **50 minutes**

Holistic Stress Management

This interactive session will allow you to identify major stressors and the potential impact on your health. Learn a holistic approach to stress management that integrates mind, body and spirit to re-direct your responses to your major stressors. **80 minutes**

Osteoporosis and Bone Fitness

Prevent bone loss and increase bone mineral density and neuromuscular function with a bone fitness program using whole foods, supplementation and exercise. **80 minutes**

Detoxification

Migraines, fatigue, poor metabolism and allergies are just a few of the symptoms related to toxicity in the body. Learn the causes of toxicity and how you can safely use dietary and lifestyle changes to decrease toxicity in the body and improve your overall health. **50 minutes**

Digestive Wellness

Health issues such as diverticulitis, colitis, irritable bowel syndrome or Crohn's disease are some of the disruptive conditions related to digestive wellness. Discover natural ways to help your body cope with these disorders. **50 minutes**



salon services

MAKE UP APPLICATION

- Special Occasion
- Bridal

NAIL SERVICES

Manicures

- Golden Door Manicure – Includes an exfoliating hand treatment, warm paraffin and relaxing hand and arm massage
- Spa Manicure
- French Manicure
- Full Set of Nails
- Fills

Pedicures

- Golden Door Pedicure – Includes an exfoliating foot treatment, warm paraffin and mud masque
- Hot Stone Pedicure – Warm, native desert stones will soothe and massage tired feet and lower leg muscles. Includes exfoliation and re-hydration of the lower legs and feet.
- Spa Pedicure
- French Pedicure

Other Nail Services

- Ayurvedic Hand & Foot Treatment – an herbal cleansing, revitalizing for hands and feet to relieve stress by releasing energy blockage in vital points. Encourages relaxation and leaves the skin feeling soft and supple.
- Paraffin
- Polish change
- Nail repairs
- Shellac Polish

MEN'S SERVICES

- Gentleman's Haircut
- Sport Manicure – Provides a soothing hand and arm re-hydration and massage with nail shaping and grooming.
- Sport Pedicure – Enjoy an energizing soak followed by exfoliation and a hydrating mask, massage and warm paraffin.

WAXING & THREADING SERVICES

- Lip
- Chin
- Eyebrow
- Full Face
- Underarm
- Full Arm
- Stomach
- Full Back
- Half Leg
- Full Leg
- Full Leg & Bikini
- Bikini
- Lip
- Chin
- Eyebrow
- Face

HAIR SERVICES

- Blow Dry
- Haircut & Style
- Special Occasion Style
- Permanent and Partial Wave
- Deep Conditioning
- Relaxer
- Comb Out
- Single Process Hair Color
- Full and Partial Foil Highlights
- Glossing
- Corrective Color
- Scalp Treatment
- Set



spa adventures

Boulder Climbing

Experience the thrill of real rock climbing. Yes, you can do this. Our expert guides will help you push beyond your current boundaries, and discover your true abilities. Exhilarating! **3 hours**

Scenic Guided Hikes

Explore the Sonoran Desert with an experienced guide. Learn about local plants, animals, geology, and history – while burning lots of calories. **2.5 hours**

Mountain Biking

Enjoy a guided tour on some of Arizona's best trails. The rolling desert terrain is both challenging and fun. Our guides will show you the tricks of desert riding. **2.5 hours**

Nightride Bike Tour

The desert comes alive at night as we cruise the resort's roller-coaster golf cart paths on bikes equipped with halogen lighting systems. **1.5 hours**

Walk the Rock

Follow a guide through the boulders on this short, but rugged, primitive path through raw desert habitat, just a stone's throw from the Resort. Get a close-up-look at "Levitation Rock" and 700-year old Hohokam Indian artifacts.

1 hour, minimum of two participants.

enhance your experience &
renew your health





34631 N. Tom Darlington Drive
P.O. Box 2090
Carefree, Arizona 85377

www.TheBoulders.com
800.553.1717

spa information

Advanced Bookings

We highly recommend booking services in advance to ensure your preferred time, service, and provider are available. Please contact the Golden Door Spa directly at 480-595-3500.

Spa Arrival

We recommend you arrive 30 minutes prior to the start of your treatment. This allows us to welcome you and introduce you to our facilities. It also allows you to enjoy our purification ritual. Please understand late arrivals will not receive an extension of scheduled treatments in order to prevent inconvenience to the next guest, and the same treatment price will apply.

Gratuity

For your convenience a 20% gratuity, which is modifiable, will be added at check-in and distributed to the appropriate staff; therefore, leaving you to enjoy the rest of your visit without having to check out.

Special Etiquette

Please respect other guests enjoying the tranquility and relaxation of the Spa environment by refraining from the use of cell phones, pagers, and from smoking.

Health Conditions

Please notify the Spa Reservations Agent and your service provider of any physical ailments, disabilities or injuries you may have.

let the desert calm surround you

Cancellation Policy

If you must reschedule or cancel an appointment, as a courtesy to other guests and our service providers, a 4-hour notice is required to avoid a 100% charge. For cancellation of a package, a 24-hour notice is required.

Age Requirements

The minimum age required for access to the Spa and Fitness Center is 18.

Alcohol Consumption

We advise that you do not have alcoholic beverages 2 hours prior to receiving a service as the effects of alcohol may be intensified. If we feel the service may endanger your health or safety we will ask that you reschedule your appointment.

Spa Gift Certificates

These make excellent gifts and can be used not only for treatments but also for retail and café purchases.

Hours of Operation

The spa facility hours will vary seasonally. Please contact the spa directly for exact times.

Spa Services	beginning at 8am daily
Salon Services	9am-6pm daily
Spa Pool	sunrise to sunset
Spa Café	serving breakfast and lunch daily
Fitness Facility	hours may vary seasonally





GOLDEN DOOR

THE BOULDERS RESORT

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escape to tranquility and luxury